E. Gulbja Laboratorija

Sampling of saliva and the use of the new testing method

The testing process at educational institutions is performed by class or "group" by performing only one test per group of test subjects.

Procedure:

1. Samples shall be collected in the morning prior to the beginning of the learning process.
2. 1 break-off swab stick shall be given to each student.
3. Each class teacher has 1 transport container marked with the title that refers to the group that is being tested, for instance, RV1G 10B.
4. The student shall break the stick at the special site for breaking.
5. The stick shall be kept in the mouth (sucked) for 30 seconds.
6. As the teacher walks around the class, each student shall place their test stick in a transport container ("tube").
7. Once all the sticks have been placed, the teacher screws on the cap, places the tube in the biosecurity bag and hands it over to the laboratory courier.
8. The teacher shall check the list of students and clearly mark (DELETE) those students, who did not participate in the test.
9. The laboratory shall announce the test result by 07.00 a.m. of the next day, to ensure that the class is operatively isolated in the event of a positive result. The teacher and the parents shall receive a text message and/or an e-mail about the positive result and the algorithm of action.
10. In the event of a negative class test result, each tested student shall receive an individual test result that can be used for the purposes of interest-related education as well.
11. A "Positive class" shall switch to distance learning mode (quarantine for 14 days).
12. All "positive class" students shall automatically receive an SMS and/or e-mail with a PIN code for the submission of a saliva sample.
13. During the next 48 hours, all students of the "positive class" must submit individual saliva test samples at any branch of the laboratory (or a non-contact device).
14. Follow-up procedures shall be performed in accordance with national epidemiological algorithms.